

15th Annual NRH Ladies Day

Spinal Cord System of Care Programme

Theme for the day:
Travelling with a Spinal Cord Injury



The NRH is hosting our annual event for ladies with a Spinal Cord Injury. We look forward to reconnecting with old friends and getting to know new ones.

Date: Saturday 12th September 2026

Venue: Cedars Day Room at the NRH

Time: 9.00am to 3.30pm

If you would like to attend, please email ciara.staunton@nrh.ie. Let us know in your email if you have any special dietary requirements. Please note that places are limited and will be allocated on a first come, first served basis.