

Social Work Service Details

Principal Social Worker

Anne O'Loughlin (01) 235 5372

Administration

(01) 235 5290

Outpatient Social Work Office

(01) 235 5458

Social Work Bleep

(01) 235 5000—bleep 8066

Other Useful Contacts

Your Social Worker is:

All Social Workers are registered under CORU, the Health and Social Care Professionals Council



National Rehabilitation Hospital
Rochestown Avenue, Dún Laoghaire,
Co. Dublin, A96 RPN4
Telephone (01) 235 5000
www.nrh.ie

 The National Rehabilitation Hospital is accredited by CARF (Commission for accreditation of Rehabilitation Facilities) for a range of services, confirming they meet recognized international standards



**National Rehabilitation
University Hospital**

An tOspidéal Náisiúnta Athshlánúcháin

Social Work Service



**Supporting and Empowering
you on your Journey**

What do Social Workers do at the NRH?

The social workers offer you and your family or carers support and information throughout your rehabilitation journey at the NRH. Our role is to help you cope with your illness or injury and the effects that this can have on all aspects of your life.

By offering practical and emotional support we will assist you and your family to adjust to your changed circumstances.

The Social Work Service is offered to:

- ◇ Each inpatient and his or her family and carers
- ◇ Patients attending outpatient clinics
- ◇ Patients awaiting admission (in some circumstances)

Case Co-Ordinator Role

Social workers are part of the rehabilitation team and act as the 'go to' person if you and your family have questions about your care. Our aim is to ensure that you have all the information you need about your treatment. We will put forward any questions or concerns you might have to the rehabilitation team.

We also communicate relevant information to the team to enhance your rehabilitation journey. Our goal is to involve each patient and their family as members of the rehabilitation team.

Counselling

Psychosocial Counselling is offered to patients and families to:

- ◇ Provide therapeutic support
- ◇ Assist with managing the crisis or trauma
- ◇ Enhance coping skills
- ◇ Facilitate the grief and adjustment process
- ◇ Manage personal relationships
- ◇ Provide support with mental health or addiction issues
- ◇ Work on solutions for preferred discharge options

The Social Work Service is offered to:

Along with other staff, we offer training for carers throughout the year, such as Brain Injury Awareness for Families and Friends (BIAFF).

We also provide family specific education and information to families and carers of patients across all rehabilitation programmes.

Discharge Planning

We work with patients, families and professionals to ensure that the discharge from NRH is the most appropriate possible and in the best interests of the patient and family. We liaise directly with locally based health and social services to ensure that all available supports have been considered.

Advocacy, Liaison and Advice

We work closely with voluntary organisations and support groups in the community, as well as statutory services such as housing and social protection. Therefore, we can advise patients and families on services and welfare entitlements. We will also advocate on your behalf.

Core Social Worker Tasks

- ◇ Psychosocial Assessment: This looks at all the factors in each patient's personal and family life, as well as their work and community, which may help them achieve maximum independence and quality of life
- ◇ Counselling: individual, couple and group sessions
- ◇ Crisis Intervention: Supporting people in managing a crisis situation
- ◇ Family support and carer training
- ◇ Care planning and discharge planning to home or alternative discharge destination
- ◇ Advice and information on services, benefits and entitlements
- ◇ Child and vulnerable adult welfare
- ◇ Liaison and advocacy with statutory and community services on behalf of patients and their families
- ◇ Input into policy making and national strategies: Social workers at the NRH participate in a range of working groups and committees to promote improved services for patients, families and carers.