

What happens at the meeting?

It helps to know the purpose of the meeting and how long the meeting is expected to last so that you can get as much as possible out of the time. A member of your team will be able to clarify this for you.

You will have an opportunity to share your concerns and to ask questions. There may be information you would like to give to the team such as how you are getting on with weekend leave.

Where to get more information:

A note of what was discussed and decided will be kept in your healthcare record. If you want to go over this later or need further information, this will be arranged with the members of the team who can best answer your questions.

Contact details:

National Rehabilitation Hospital

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An tOspidéal Náisiúnta Athshlánúcháin

Patient Review Meetings



**A Guide to Preparing for Patient,
Family and Carer Meetings
at the NRH**

A Guide to Patient Review Meetings at the NRH

You and your family or carers are key members of the Rehabilitation Team and your input is vital. Family participation is known to improve the quality and outcomes of rehabilitation.

During your time at the NRH, you and your family or carers will be invited to come to meetings organised by your Team.

These may include an initial meeting to get to know you and your particular situation, or meetings to set treatment goals, update your progress, or plan for your discharge.

There can often be many arrangements which need to be made well in advance of your discharge, such as adaptations to your home or referrals to local community services.

Your Initial Assessment

An initial assessment is carried out within the first two weeks of your admission. This leads on to discussion with you about setting your goals for your treatment and developing a plan of care.

The **Treatment Proposal**, which includes the estimated discharge date, is presented at this discussion.

There may also be times when you and your family members wish to request a meeting with the members of your Rehabilitation Team.

Each patient has a Social Worker who acts as your case co-ordinator or your 'go-to' person if you have any concerns you wish to discuss. Our aim is to look at any issues together with you if they arise during the rehabilitation programme.

How should I prepare for the meeting?

Before the meeting, we suggest that you discuss what you would like to say, and any questions you would like to ask, with your relatives or friends. It is often easier to write down what you want to discuss in advance of the meeting.

You may also want to talk about the meeting with a member of staff beforehand. Your Social Worker has a particular role in helping you with the preparation for meetings.

A staff member will let you know in advance of the time and place of your meeting.



Who will be at the meeting?

Generally your Consultant, Doctors, a senior Nurse, the Physiotherapist, Occupational Therapist, Social Worker, Speech and Language Therapist and Psychologist will be there. Other members of your team may be present also if required.

The meeting is an opportunity to introduce your family or carers to the team, and for you to know Everyone on the team.

Interpreter services can be arranged if needed.

Who should I bring to the meeting?

It is recommended that you bring family members or a close friend who can be a support to you.

They can help by asking questions and taking notes. If your family is unable to come, you can ask someone on the team to help you with these tasks.

