

You will always know when the nurse is due to come back to you



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This leaflet was produced by the NRH Department of Infection Prevention and Control.



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The [National Rehabilitation Hospital](http://www.nrh.ie) is accredited by CARF (Commission for accreditation of Rehabilitation Facilities) for a range of services, confirming they meet recognized international standards



National Rehabilitation University Hospital

Ant Ospidéal in áisiúnta Athshlánúcháin

Intentional Patient Rounds



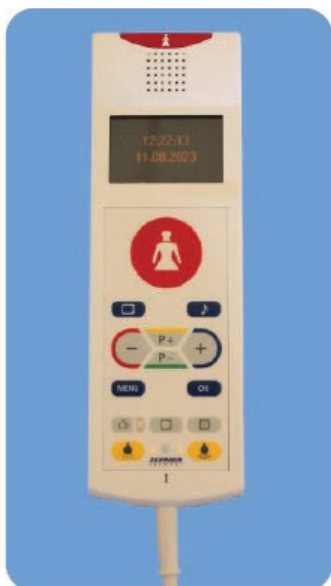
A Guide for Patients, Families and Carers

What are Intentional Patient Rounds?

Intentional rounds are a structured process where nurses on units carry out regular checks with individual patients at set intervals, usually every two hours.

In the NRH this is usually scheduled for between 9pm and 7am. The Nursing Team may decide to initiate intentional rounds during day time for some patients. The nursing team will let you know the details about the scheduled intentional rounds for you.

Intentional rounds do not replace the call-bell usage. Please use the call-bell anytime to call for assistance.



Intentional patient rounds are not carried out routinely during the day shift, as the majority of patients are attending therapies or being seen by a member of their Interdisciplinary Team regularly. If any patient is likely not to be seen for more than two hours continuously by a team member, a decision to initiate intentional rounds may be made by the nursing team.

Why we use this approach

Evidence shows that regular patient checks help to reduce falls, skin damage, pain, incontinence and dehydration. This approach will help to keep you safer whilst you are with us.



Advice for Patients

Approximately every one to two hours during the night (dependent upon individual requirements), a member of staff will come into your room to make sure you are comfortable.

This will include:

- Whether you require a drink or mouth care
- Repositioning, comfort or pain relief
- Conducting safety checks (for example, bed rails, floor line bed, to name a few)
- Monitoring your urine output
- Checking that the call bell is in easy reach
- If you are awake, you will also be asked if you have any other needs, such as bathroom assistance

A nurse or health care assistant will carry out this round. They will attend to your care needs and, as required, they will contact other team members to assist.

During these checks, they will also carry out scheduled or required tasks. If you are asleep, the nurses will try not to wake you up during the intentional rounds.