

## Visitor Information - continued

### Car Parking

Car Parking is available in the hospital grounds. Hospital Management cannot accept responsibility for loss or damage to your property while on the hospital grounds.

Authorised parking areas and speed limits on the hospital grounds are clearly marked; visitors to the NRH are asked to adhere to these for their safety and the safety of others.

For more information about visiting the NRH, please see [www.nrh.ie](http://www.nrh.ie)

### The Coffee Shop

The Coffee Shop is located on the ground floor close to the main Reception.

Opening times are:

Monday to Friday:  
**7.30am to 7.30pm**

Weekends and Bank Holidays:  
**9.00am to 6.00pm**



## Getting to the NRH



### Bus Routes

Please note that some bus routes may leave you a considerable distance from the NRH entrance. Other routes service the hospital less frequently.

For up-to-date bus route information, please visit [www.transportforireland.ie](http://www.transportforireland.ie) or [www.dublinbus.ie](http://www.dublinbus.ie)

### Train and DART Services

For train and DART timetables, please visit [www.iarnrodeireann.ie](http://www.iarnrodeireann.ie) or [www.irishrail.ie](http://www.irishrail.ie)

### Taxi

A Taxi Service is available in Dún Laoghaire. The Taxi Rank is on **Marine Road**, opposite the shopping centre and 200 yards from the Train and DART Station.

## Contact Details for Main Hospital

**Telephone:** (01) 235 5000  
**Email:** [enquiries@nrh.ie](mailto:enquiries@nrh.ie)  
**Website:** [www.nrh.ie](http://www.nrh.ie)



**National Rehabilitation Hospital**  
Rochestown Avenue  
Dún Laoghaire  
Co. Dublin  
A96 RPN4



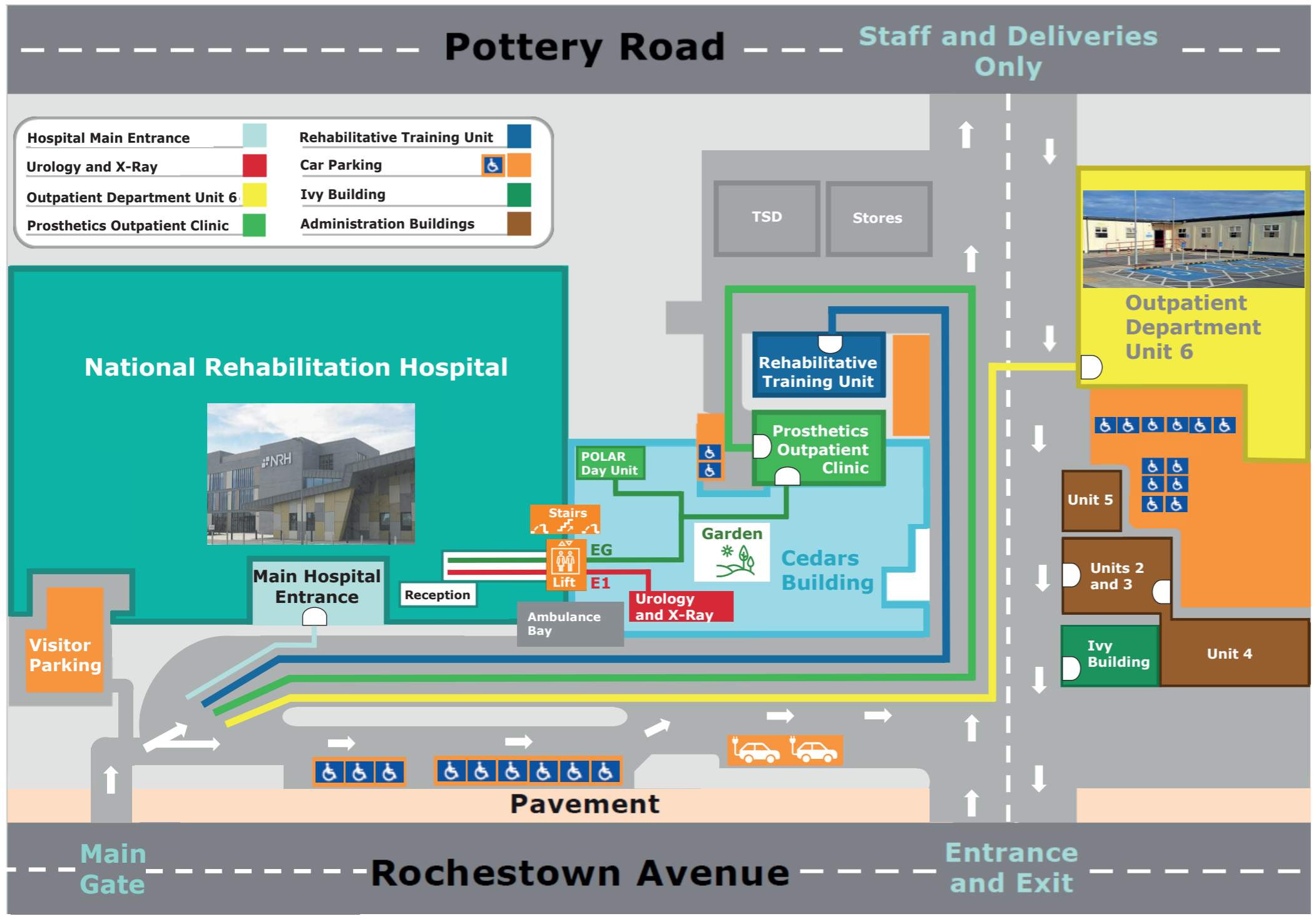
## Directions to the National Rehabilitation Hospital



The NRH is located in **South County Dublin** on **Rochestown Avenue**, just outside the town of **Dún Laoghaire**



The National Rehabilitation Hospital is accredited by CARF (Commission for Accreditation of Rehabilitation Facilities) for a range of services, confirming they meet recognised international standards.



### Visitor Information

As therapy sessions take place both morning and afternoon from Monday to Saturday, we ask that visitors cooperate with the visiting hours listed below.\*

Monday - Sunday	<b>5.45pm - 7.45pm</b>
Weekends and Bank Holidays (apart from mealtimes)	<b>2.00pm - 4.00pm</b>

\*In cases of infection outbreaks or pandemic situations, visitor guidelines will be adapted as appropriate to ensure the health and safety of patients, staff and visitors - details will be posted on the hospital website and patients and families will be advised of the arrangements in place at the time.

#### You can help us to reduce the risk of infection by:

- Washing your hands frequently or using the hand gel provided.
- Not visiting if you are feeling unwell (for example, if you have a cold, sore throat, temperature, chills, diarrhoea, vomiting, or other such illnesses) - visitors should not come to the hospital until at least 3 days after you feel better.
- Watching out for information displayed around the hospital at times when infections are prevalent in healthcare settings or in the community, for example 'Winter Vomiting Bug', and other types of Flu and Viruses.

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