







An Overview of Limb Absence Rehabilitation Education Day

Saturday 9th March 2024

The NRH Prosthetic, Orthotic and Limb Absence Rehabilitation (POLAR) Programme is presenting a series of talks and practical workshops aimed at providing an overview of limb absence rehabilitation for health care workers working with patients in hospital and community settings.

Learning Objectives

-  To understand the rehabilitation journey for a patient with limb absence
-  To understand a patient's suitability for prosthetic rehabilitation and how to maximise their potential
-  To understand pre-prosthetic Interdisciplinary Team (IDT) management including skincare management, early mobilisation, wheelchair skills, housing considerations and exercise prescription
-  To understand basic prosthetic componentry, mobility, and prosthetic use in activities of daily living
-  To gain a basic understanding of phantom limb pain and some management strategies
-  To gain a basic understanding of the psychological impact of amputation or limb absence

Details: Course runs on Saturday 9th March 2024, from 9.00am – 5pm.
(Please arrive to NRH Main Reception 20 minutes in advance of start time)

Location: National Rehabilitation Hospital, A96 RPN4

Delegates: Suitable for all healthcare workers working with patients who have limb absences, in hospital and community settings.

Cost: **€95 per delegate**; includes tea, coffee, refreshments, lunch, free parking and course material. A certificate of attendance will be issued.

Booking: Booking form available [here](#) or by scanning QR code →
Closing date for booking is **Friday 1st March 2024 at 5pm.**

Bookings will **only** be confirmed once payment is received.
Payment details contained in booking form.



Contact: academicdept@nrh.ie for booking information.
Hannah.walsh@nrh.ie or sinead.winters@nrh.ie for course information.

Please note places are limited and will be allocated on a first come, first served basis, so early booking is advised in order to secure your place.