



## **SENIOR DIETITIAN**

### **Temporary, Part-time**

#### **Particulars of Office**

- 1.** The appointment is Temporary, part-time (0.8WTE) and pensionable.
- 2. Salary**

Remuneration is in accordance with the salary scale approved by the Department of Health current scale.
- 3. Superannuation**

The terms of the Voluntary Hospitals Superannuation Scheme and the Voluntary Hospitals Spouses and Children's Scheme or the Single Public Service Pension Scheme will apply to the position. Superannuation contributions at the appropriate rate will be payable in accordance with the provisions of these schemes.
- 4. Duties**

The Senior Dietitian will perform such duties as are outlined in the attached Job Description.
- 5. Hours of Work**

The normal hours of work associated with the post are 29.5 hours per week, usually discharged between the hours of 8am and 8pm on a Monday to Friday basis. Your particular hours of duty will be advised to you by the Dietitian Manager. The appointee may be required to attend at such other times as are required for the proper discharge of duties including attendance outside normal working hours.
- 6. Retirement**

No age restrictions shall apply to a candidate except where he/she is not classified as a new entrant (within the meaning of the Public Service Superannuation (Miscellaneous Provisions) Act, 2004). In this case the candidate must be under 65 years of age on the 1<sup>st</sup> day of the month in which the latest date for receiving completed application forms for the office occur. Continued employment is conditional upon capacity and conduct of the employee.

**7. Annual leave**

Annual leave and public holidays are granted in accordance with the provision of the Organisation of Working Time Act. 1997. Your annual leave entitlement will be advised to you by the Human Resources Department in your contract of employment. Annual Leave may be based on a number of factors such as grade, years of service and whole time equivalency.

**8. Sick Leave**

Payment of salary during illness will be in accordance with arrangements as approved from time to time by the Department of Health.

**9. Termination of office**

The employment may be terminated at any time by 2 months notice on either side except where circumstances are dictated by the Minimum Notice and Terms of Employment Act 1973/77. The Management's right under this paragraph shall not be exercised save in circumstances where the Management is of the opinion that the holder of the office has failed to perform satisfactorily the duties of the post or has misconducted himself/herself in relation to the post or is otherwise unfit to hold the appointment.

**10. Garda Vetting Checks**

Arrangements have been introduced, on a national level, for the provision of Garda Vetting Checks in respect of candidates for employment in areas of the Health Service, where it is envisaged that potential employees would have substantial access to children or vulnerable adults in the course of their duties. Garda vetting is done for the protection of these groups and the National Rehabilitation Hospital reserves the right to revett employees at any future point, as deemed appropriate by Hospital Management.

**11. Confidentiality**

In the course of your employment you may have access to or hear information concerning the medical or personal affairs of patients and/or staff, or other health services business. Such records and information are strictly confidential and unless acting on the instructions of an authorised officer, on no account must information concerning staff, patients or other health service business be divulged or discussed except in the performance of normal duty. In addition records must never be left in such a manner that unauthorised person can obtain access to them and must be kept in safe custody when no longer required.

**12. Hygiene**

During the course of employment staff are required to ensure that the hospital's hygiene and infection control policies are adhered to at all times. All employees have responsibility to prevent transmission of infection by adhering to and implementing optimal hand hygiene and adhering to the Hospital's Hygiene processes. Hygiene is a fundamental component of the National Rehabilitation Hospital's quality system to ensure the safety and well being of its patients and staff and plays a role in the prevention and control of healthcare associated infection.

### **13. Policies / Legislation**

All Hospital policies and procedures form an integral part an employment contract and may be subject to update and revision, from time to time, in consultation with union representatives as appropriate. Employees are required to comply with all hospital policies, procedures (e.g. Dignity at Work, Trust in Care, Computer Usage Policy) and the Hospital's ethical codes of practice. Employees are required to abide by the hospital's code of behaviour and the code of practice as defined by their relevant professional body.

### **14. Disability Census**

As part of the NRH's commitment to supporting the employment of people with disabilities and to comply with the requirements of the Disability Act 2005, all staff are required to inform the Director of Human Resources Ms. Olive Keenan, of any personal disabilities. This information is only requested in the event that appropriate arrangements must be put in place during the course of one's employment and will be stored in compliance with Data Protection Legislation.



## **SENIOR DIETITIAN** (Temporary, Part-time)

### **1. Qualifications**

The candidate must, on the latest date for receiving completed application forms for the office, possess:

- B.Sc. Degree in Human Nutrition & Dietetics  
*Or*  
Diploma in Nutrition & Dietetics from College of Technology, Kevin Street  
*Or*  
Qualification in Dietetics at least equivalent to the above

(If qualified outside of Ireland, you must have your qualification validated by the Department of Health and Children)

- A minimum of 3 years post-graduate clinical experience
- Be registered with CORU

### **2. Health**

Candidates or any person holding the office must be free from any medical condition which would render them unsuitable to hold the office and be in a state of health such as would indicate a reasonable prospect of ability to render regular and efficient service.

For the purposes of satisfying the requirements as to health, it will be necessary for each successful candidate before he/she is appointed to undergo a medical examination by a qualified medical practitioner to be nominated by the Chief Executive or designated officer. Any irregularities reported as a result of this examination which render the incumbent unsuitable for the post must be remedied / addressed before appointment.

Health Promotion – The Hospital is committed to promoting healthy lifestyles for both patients and staff. Staff are expected to participate in initiatives to support better health and well-being in line with the Hospital objectives.

### **3. Character**

Candidates for and any person holding the office must be of good character.



## **SENIOR DIETITIAN** (Temporary, Part-time)

### **JOB DESCRIPTION**

- Title:** Senior Dietitian
- Purpose of the Position:** To provide a comprehensive Nutrition and Dietetic Service to patients of the National Rehabilitation Hospital
- Accountable to:** Dietitian Manager
- Liaison / Communication:**
- Patients and their relatives
  - Other Allied Health Professionals
  - Nursing Staff
  - Catering Staff
  - Medical consultants and their teams
  - Outside agencies as appropriate



## **SENIOR DIETITIAN (Tempoary, Part-time)**

### **JOB DESCRIPTION**

#### **Overview of the Role**

- The role of the Senior Dietitian is to promote and support health by means of sound nutritional advice and/or nutritional intervention within the National Rehabilitation Hospital.
- He/she assesses the nutritional status of each patient referred, estimates their individual nutritional requirements, devises an individualized care plan and monitors and reviews the care plan as appropriate. He/she will liaise with staff involved in the implementation of the nutrition care plan to ensure a safe and nutritious supply of food/nutrition support. Where appropriate, he/she will educate relatives or carers on the relevant aspects of the patient's nutritional support or therapeutic diet.
- He/she will assist the Dietitian Manager in developing educational materials and resources for individual patients and patient groups.
- The Senior Dietitian will participate in the nutritional education of other hospital staff as appropriate.
- He/she will assist the Dietitian Manager in devising and implementing nutritional policies for the hospital.
- He/she will assist the Dietitian Manager in carrying out audits and implementing Quality Improvement Plans and service developments in their area of work.
- He/she will participate in Continuous Professional Development.

#### **ACCOUNTABLILITY, DUTIES AND RESPONSIBILITIES**

##### **General Accountability**

- Provide a comprehensive nutrition and dietetic service to patients of the National Rehabilitation Hospital
- Promote and maintain throughout the hospital an awareness of sound nutrition and an appreciation of the importance of nutrition in the rehabilitation process
- Support the Dietitian Manager through the implementation and maintenance of best nutrition and dietetic practice

- Contribute to the development, implementation and updating of nutrition policies, procedures and systems that support the needs of the hospital

### **Specific Accountability**

- Liaising with other staff to develop and co-ordinate total patient care across all programmes
- Management of own caseload.
- Assisting in providing in-service training to all staff
- Acting as a consultant in nutritional matters to all other staff
- In consultation with the Dietitian Manager and Programme Manager, initiating and developing new ideas and processes in areas of responsibility, developing treatment programmes and materials
- Keeping up to date with advances in Clinical Nutrition & Dietetics
- Identifying unmet patient needs within areas of responsibility and communicating these to the Dietitian Manager and Programme Manager(s)

### **Outline of Duties and Responsibilities**

- Provide a comprehensive Nutrition and Dietetic service to both adult and paediatric patients undergoing rehabilitation, including those with spinal cord injury, acquired brain injury, stroke and amputation.
- Assess, monitor and review nutritional status of patient
- Assess, monitor and review individual nutritional requirements of patient
- Devise an individualized care plan for each patient including setting of individual nutrition goals
- Provide appropriate nutritional counselling/support for each patient
- Provide written advice to patients and/or their carers appropriate to their needs and level of understanding
- Educate relatives/carers on relevant aspects of the patient's nutritional support or care plan
- Liaise with medical/nursing/therapy personnel in planning and implementing nutritional care
- Liaise with catering staff with regard to the provision of therapeutic diets
- Monitor patient's progress and revise nutrition care plan appropriately
- Actively participate in the Interdisciplinary Rehabilitation Team, including attendance at interdisciplinary/family conferences where required
- Liaise with other hospital and community care health professionals to ensure continuity of nutritional care on discharge from the NRH.
- Keep up to date with advances in Clinical Nutrition research, with ongoing review of medical and nutritional literature relevant to the assigned area of work. This may include attendance at educational meetings and conferences.
- Identify, develop and implement initiatives to improve the Nutrition and Dietetic Service to the designated patient group, within resources available.
- Maintain and develop professional standards in light of changing practices both within and outside the profession.

- Evaluate the effectiveness of their intervention in consultation with other health professionals
- Keep abreast of new developments, skills and technology in order to initiate and respond to changes in the work environment and as additional roles may evolve.
- Maintain records of treatment care in the patient's case notes in line with departmental and hospital policies.
- Maintain statistical records of clinical activity.
- Collaborate with the Dietitian Manager in developing the role of the dietitian through planning, clinical audit and evaluation.
- Contribute to the development of standards, guidelines and policies for the Department of Nutrition and Dietetics.
- Deputise for the Dietitian Manager when required.
- Participate in the Nutrition and Dietetic education of hospital staff including medical, nursing, paramedical, catering and others, by giving lectures and informal talks as requested.
- Provide group education sessions to patients as appropriate.
- Participate in the development and implementation of the Staff Wellness programme and other Health Promotion activities within the hospital.
- Be actively involved in the training of student dietitians during their assignment to NRH.
- Participate in the development and evaluation of educational materials for use in the NRH.
- Assist the Dietitian Manager in the development and implementation of nutrition policies, procedures and systems within the hospital.

### **Patient Safety & Quality**

The NRH prioritises the delivery of quality and safe patient care under HIQA and other quality standards. It is the responsibility of all staff at all levels to ensure that the highest level of quality services required for each patient is maintained. If you have a concern regarding any issue of patient safety and well-being please bring this to the immediate attention of your manager.

Quality and Patient Safety supports the Health Service to deliver high quality and safe services to patients and service users. The post-holder is responsible and accountable to deliver a quality service that ensures patient safety. The post holder will work within a risk management framework that complies with the Health Information and Quality Authority (HIQA) National Standards and other quality standards as appropriate.

*The extent of speed and change in the delivery of health care is such that adaptability is essential for all staff. The post-holder will be required to maintain, develop and enhance the necessary professional knowledge, skills and aptitudes required to respond to a changing situation.*

*This job description does not contain an exhaustive list of duties, and the post holder may be required to undertake additional responsibilities. It will be reviewed from time to time in order to adapt and develop the role, according to service needs and Hospital policies.*



*I agree that this position description clearly outlines the specific responsibilities and duties that are to be carried out as part of this role. I also understand that these represent the minimum requirements to perform the duties at the current level.*

*To be signed by the post holder.*

*Employee Name: \_\_\_\_\_*

*Line Manager Name: \_\_\_\_\_*

*Employee Signature: \_\_\_\_\_*

*Manager's Signature: \_\_\_\_\_*

*Date: \_\_\_\_\_*

*Date: \_\_\_\_\_*