

5th Annual NRH Spinal Sports Championship 2017

In partnership with



- Date** **Saturday 2nd September 2017**
Please register by **Friday 11th August 2017**
(It will not be possible to register on the day)
- Time** Registration at 9am SHARP. Events begin at 9.30am
Presentation of medals and BBQ at 5.30pm
- Venue** NRH, Rochestown Avenue, Dun Laoghaire, Co. Dublin.
- Entry Fee** €10
Cash/Bank Drafts/Cheques accepted. Payment must be included with registration form
Please make cheques payable to the **National Rehabilitation Hospital**.
- To register for event:** Please forward completed entry forms to: ('Spinalgames2017') Glenn Gray
Spinal Injuries Ireland, **Freepost**, NRH Campus, Rochestown Avenue,
Dun Laoghaire, Co Dublin
- Queries:** Email: NRH.exercise.physio@nrh.ie Call: (01) 2355224

This is an adult only event. Participants must be past or current NRH patients.

Places are limited, places secured on first come first served basis.

Please bring appropriate attire for all weather conditions.

Entrant Name: _____ Male Female

Address: _____

Contact No: _____ Email: _____

Date of Birth: _____ Classification (if known) _____

Quadraplegic Paraplegic Limb Absence

Any special dietary requirements: _____

- Professional photographers will be present at the event. Please tick here if you **DO NOT** wish to have your photograph taken.
- Please tick if you **DO NOT** wish your contact details to be shared with our partner organisation (IWA-Sport, Spinal Injuries Ireland and Dun-Laoghaire Rathdown Sports Partnership)
- Please tick preferred T-shirt size S M L XL

Competitive Events		Non – Competitive Events “ Come & Try”	
Archery	<input type="checkbox"/>	Wheelchair Rugby	<input type="checkbox"/>
Air-soft shooting	<input type="checkbox"/>	Wheelchair B'Ball	<input type="checkbox"/>
Table Tennis	<input type="checkbox"/>	Hand-cycling	<input type="checkbox"/>
Field events:		Seated Volleyball	<input type="checkbox"/>
- Javelin		Wheelchair Tennis	<input type="checkbox"/>
- Shot putt / Club *	<input type="checkbox"/>		
- Discus	<input type="checkbox"/>		

***Club Throw** is for Quadraplegic athletes with lesions levels above C6 (no functioning triceps on throwing arm) and it replaces shot putt and Javelin for these athletes.